



Quesnel Gymnastics and Gymnastics BC Participant Declaration of Compliance COVID-19



Name of participant: _____

Parent or Guardian if the participant is under age 19: _____

Email: _____ Telephone: _____

Attention: All participants entering the facility must comply with this declaration.

By signing this document, I agree to follow club staff directives and engage with all club requirements in Quesnel Gymnastics COVID-19 Safety Plan. Additionally, I hereby acknowledge and agree to respect the following information outlined in this document :

1) SICKNESS

- a) I will stay home if I am unwell or if someone in my household is unwell or is displaying the following symptoms:
 - i) Fever and chills
 - ii) Cough
 - iii) Shortness of breath
 - iv) Sore throat and painful swallowing
 - v) Stuffy or runny nose
 - vi) Loss of sense of smell
 - vii) Headache
 - viii) Fatigue, etc.
- b) I confirm that I have not knowingly been in contact with a person that has a confirmed or suspected case of COVID-19.
- c) I agree to complete a routine daily screening process prior to entering my club.
- d) I confirm that I have not travelled outside of Canada in the last 14 days. Additionally, I confirm that I have not been knowingly exposed to someone who has travelled outside of Canada in the last 14 days.
- e) I acknowledge there are inherent risks associated with participating in activities. By attending club activities, I understand and assume all risks associated with potential exposure of COVID-19.

2. PERSONAL HYGIENE

- a) I agree to follow all personal hygiene requirements set out by my club, including but not limited to: frequent hand-washing and sanitizing, coughing into my sleeve, etc.

3. PHYSICAL DISTANCING

- a) I agree to practice safe social interactions by maintaining a minimum distance of two meters between myself and others.

4. ENVIRONMENTAL HYGIENE

- a) I agree to adhere to all club cleaning requirements.

5. PHYSICAL MODIFICATIONS

- a) I understand that equipment may be moved in order to facilitate safe social interactions and physical distancing.

Additionally, I understand and agree that if I do not adhere to the requirements set out by my club, I may be asked to leave the club activity in order to protect the health and safety of all involved.

This Participant Declaration of Compliance will remain in effect until GBC determines it is no longer required, based on viaSport, PHO and Work-SafeBC requirements.

I also confirm that I have signed (Parent or Guardian if participant is under age 19) the Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement.

Signature _____ Date: _____
Participant

Signature _____ Date: _____
Parent/Guardian if participant under age 19